

Meet the Author



ERIC KELLUM, I is the author of *Sexual Healing: A Man's Sexual Journey and the Lessons Learned Along the Way*. He is also the new lead pastor of Zion iCampus, the internet campus of Zion Church that reaches roughly 16,000 viewers each Sunday.

Eric Kellum, I, is gratefully and happily married to Susan Elizabeth Kellum. They have been married for 20 years. Together they counsel and conduct *Marriage Investment Sessions* for other married couples.

Eric and Susan have 5 amazing children: Eric II, Taylor, Lauryn, Symone and Zoey.

Eric is one of the pastors on staff at Zion Church, located in the DMV (under the senior leadership of Keith Battle).

Eric and Susan are also the founders of Kellum Enterprises, LLC, which is a family business that promotes faith and family via media & entertainment

Eric Kellum, I

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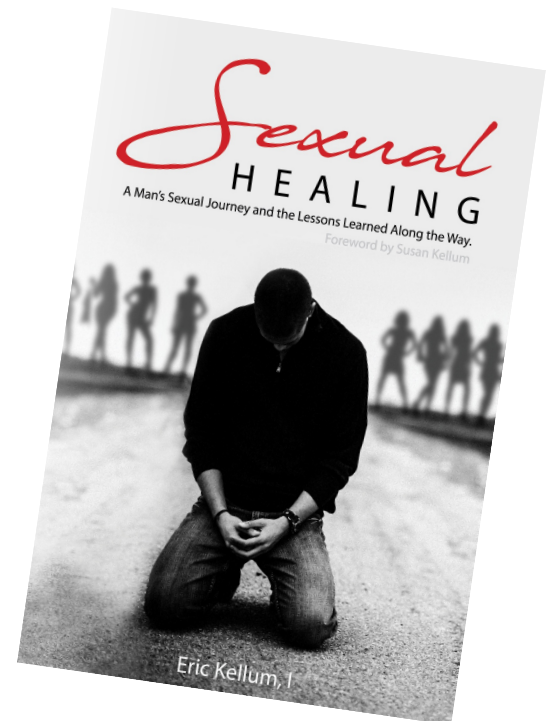
PRESS RELEASE

SEXUAL HEALING:

*A Man's Sexual Journey
and the Lessons Learned Along the Way*

ERIC KELLUM, I

Published by Way With Words Publishing LLC
Priced: Hard Copy (\$15.99); eBook (\$9.99)
(Printed copies available at getsexualhealing.com;
ebooks available on iBooks, Barnes and Nobles & Amazon)



Meet Eric Kellum, I. He frequently enjoys having **AMAZING SEX** exclusively with his wife! Both Eric and his wife will admit, the sex was not that good when they first got married. In the beginning stages of Eric's marriage, Eric was *sexually sick* with symptoms of selfishness, lust, pornography, intimacy deficiency, and emotional infidelity. These are issues that plagued their intimacy and almost destroyed their marriage; these are issues that Eric was determined to overcome. Now that Eric and his wife have overcome these issues, Eric has written a book, with unprecedented transparency. The goal is to help other men overcome these issues and have great sex with their wives, too! Journey with Eric, as he shares accounts of his *sexual journey*, and the lessons he's learned along the way.

For more information about booking Eric (and Susan)
for interviews, workshops and engagements contact:
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Sample Interview Q & A:

Why did you write a book on Sexual Healing?

There are many men out there that are sexually sick. By sexually sick, I am not talking about STDs. I'm talking about sexual sickness, as defined by God's definition of sexuality. So many men are living outside their sexuality according to God's plan for sex...and they are okay with that. □

They walk around ignoring symptoms that clearly show that they are sexually sick: porn, masturbation, infidelity (physical and emotional), fornication, premature ejaculation, erectile dysfunction, intimacy deficiency.

Men ignore these symptoms, as if these symptoms will just go away. But ignoring the symptoms will only make things worse!

You mentioned how your personal experience also compelled you to write on this issue?

Correct. I tell people I know that my wife and I have amazing sex – which, is true. But I don't tell people that for the sake of show and tell. I tell people that because I remember a time in our marriage where our sex life was dead. There were several sexual issues that I allowed to bleed into our marriage, which ended up jeopardizing our marriage. The book is called Sexual Healing because the intimacy between my wife and I is healed and healthy, and I want to offer something to help other men heal, as well.

This is a pretty risque topic. What do you hope to accomplish with your book?

I really want men to start to have the conversation. We are seeing a lot of men come out in the news with sex scandals. And these are the men that are getting caught. I know that there are men that are dealing with issues pertaining to sex and sexuality, but they are not having the conversation. Having the conversation is not the solution, but it is a start. Men need to know that they are not alone in the struggles, issues and addictions that they may wrestle with. They need to be exposed to possible solutions to help with their respective situations.

Your wife writes the foreward for the book. How did you get her to sign off on you writing such a transparent piece of literature?

I went to my wife and asked for her blessing three years ago to write this book, and she was very uncomfortable with the idea. I told her she had veto power to everything that I was going to put in the book. That didn't make her feel more comfortable. It wasn't until we sat down

with several couples we were counseling and she saw that the issues that I, at one point, struggled with, was so prevalent among other men. I think at that point, she's become committed to the mission of offering sexual and intimate healing for marriages.

You probably get mixed reactions sharing with such transparency about your sexual journey as a pastor?

It's definitely not the norm. But I believe the church has a significant role to play in this conversation about sex. Truthfully, the church should be the leading voice on sex. God created sex, so He should definitely be leading the conversation. Church leaders need to initiate the conversations if we want true healing to take place in our communities.

So what's next after this?

Well, presently Susan and I are working on a book for marriages. It is particularly for marriages that are stuck in storms, but it will be good for anyone that desires to get married to, hopefully, ensure that they don't get stuck. Susan and I will share from our hellish storm that we experienced and the many lessons that we learned in that journey. The book will continue with the same focus on transparency. A lot of times, we share that we overcame a particular issue, but we don't go into transparent detail as to how we overcame.

Book Sample...

CHAPTER ONE

MY WIFE AND I HAVE AMAZING SEX

HEY, GUESS WHAT! My WIFE and I have AMAZING SEX! It's True! We have amazing SEX! That's why I'm writing this book. Well, partially.

I never thought I would be this sexually content with one woman. I grew up believing that it was absolutely impossible for a man to be satisfied having sex with just one woman. I remember, as a young man thinking, if I got married, I'd be divorced in five years because it just seemed impossible to be with just one woman. Well, now I am almost 20 years into my marriage, and I am so satisfied and thankful that my beliefs are now filled with a new truth!

For those of you (the many men), reading this book, I get that you may be skeptical about me being "satisfied." There are so many curves and shapes to so many beautiful women, right? A woman's body is like an artistic masterpiece. God has created so many different versions of this masterpiece, how in the world can I really be satisfied with just one???

Well, I'm glad you asked. My answer is this:

She's not just one woman. She's *THE* one woman. She's the one who can give me a look and I react. She gives me a smile and I light up. She touches me and I immediately respond. I never get tired of looking at her body. NEVER!

She's *THE ONE*! And every time I get the opportunity to make love to her again, I treat it like it may be my last. I cherish every moment.

Stop smacking your lips, fellas. IT'S TRUE! I know it sounds corny, BUT I AIN'T LYING!

I'm not making this up for brownie points (but baby, if it's working).

Straight up, this is how I feel. I'm sexually satisfied with my wife and I'm not looking to pursue sexual escapades with other women. I'm hoping you will understand after you read this book from beginning to end.

My wife and I have amazing SEX! Have I said that already?

To say it another way: my wife and I have a very healthy sex life!

If you've read the description of my book already, you will have read that I am a pastor. Here is another fun fact:

My wife is the worship director for our church. I know for some of you, it may be really weird to hear a pastor confess that he and his wife have amazing sex. My running joke at our church is that the pastor is sleeping with the worship director. Sounds like some good gossip, huh?

I don't think there are a lot of pastors that discuss their sex lives as openly as I do, but I'm not doing it for attention or fame. Okay, I will admit that selling a couple of books will help my kids get to college. However, that's not the main reason why I've written this book.

I wrote this book because my wife and I have amazing SEX!

But that wasn't always the case! We have a very healthy sex life now, but, candidly, there was a time in our marriage when we did not have amazing sex. As a matter of fact, my wife will quickly tell you that our sex life was the opposite of amazing.

I wrote this book because I know what it's like to be sexually incompatible with the person you're married to. My wife knows what it's like to fake an orgasm just to stroke an ego. She has recently let me know of times in the past where she received absolutely NOTHING out of having sex with me, and that she was going through the motions to appease me. Yeah, that conversation was deflating (to say the least). But I learned from the conversations, and as a result of my learning (yes, you've guessed it), my wife and I have amazing sex!

But let me pause right here. As I just mentioned, according to my wife, our sex life was not always that amazing for her. Our sex life was not that amazing for me, either. Even though I am solely committed and devoted to my wife now, I remember having sex with my wife while replacing her physical image with someone I'd seen on a porn site. I know what it's like to resort to masturbation due to a lack of sex. I know what it's like to be married and go through the motions in bed. I know what it's like to be married and sense that my wife is going through the motions, too.

Shoot, I know what it's like to be a premature ejaculator.

YEAH, I WENT THERE! No cut cards in this book. WE ARE TALKING ABOUT IT ALL! I know what it's like to ejaculate prematurely and disappoint my wife OFTEN and then hear the *That's Okay, Baby, It Was Still Beautiful* speech. YEAH RIGHT!

Premature Ejaculation (PE) aka, THE PREMIES!!! I read somewhere that at least 30% of the men that will be reading this book will likely suffer from premature ejaculation (at least that's the percentage of men that actually admit it). I created my own survey to help me provide data for this book. Out of 100 men that I asked, 42% of the men admitted that they suffered from premature ejaculation or erectile dysfunction at some point in their sex life.

The PE issue was really a tough one for me. It was difficult to not be able to fulfill my wife's needs of bringing her to orgasm consistently because I wasn't able to endure what she was able to dish out in our sexual expression. Man! I know what it's like to fail miserably at sex with my spouse. I know what it's like to feel like less than a man. I know all of this, but even though I am familiar with all of this, I can honestly and THANKFULLY admit today, here and now that MY WIFE AND I HAVE AMAZING SEX! We have a very healthy sex life!

To be clear, I don't mess with porn anymore. I don't envision anyone else when I'm with my wife anymore. I make sure that my wife orgasms consistently. It may not be 100% of the time, but the percentage is pretty high. I am no longer a premature ejaculator. I can be present for all of my wife (and what she brings) and I don't have to take a pill with a thousand side effects to get to her there. Most importantly, my wife and I communicate on an intimate level. THAT's what sex is supposed to be about. That is the true purpose of sex. Sex is supposed to be the ultimate, most intimate level where two people can engage with each other. In fact, if you have intimate communication with your spouse, you have hope. If you genuinely have that, all those other complications I have mentioned will hopefully work out in the end.

Unfortunately, not many couples have intimate communication. I'm thankful to say that's not the case with my wife and me, anymore.

Man, all this writing is messing with me, some kind of way. I think I need to go find my wife! I'll be back...

Okay, where was I? Oh yes, I was telling you about my wife and me. Okay, I think you get it now.

We have a healthy sex life. And please hear my heart on this:

I WANT YOUR MARRIAGE TO HAVE A HEALTHY AND AMAZING SEX LIFE, TOO!

That's why I wrote this book. This is sort of an autobiography of my sex life (with my wife's permission). The past. The present. The challenges. The issues. The healing. It is not a "how to" book. It is not a book filled with sermons and Biblical lessons on sex. Honestly, there will be some Biblical references (what can I say, I am a pastor) AND I do believe it's important to understand sex, the REAL purpose of sex from the One who created it.

In this book, you will find significant events that helped shape my perspective about sex, my sexuality, and the lessons I learned along my journey. There are not many pastors who are willing to share the private events and occurrences that happened in their past or the subsequent consequences later in life. I want to share with you the sexual challenges that I had to deal with in regards to my spouse, the lessons I learned and what I had to do to overcome my sexual issues. I want to share with you the journey I took to get from feeling like a sexual failure to transforming into being a man who has AMAZING SEX with his wife!

Why am I willing to disclose the most private and intimate details about my sex history? Well, for one, I'm not disclosing EVERYTHING. As I said, my wife has read what I've written and she has had an overall say as to what goes into the book because it's not just about me. She has given me the blessing to write this book for the same reason that I've felt compelled to write this book, because so many married couples are NOT HAVING SEX! And if they are, it's not amazing and it's not healthy.

I once counseled a brother who said that based on the rate that he and his wife are connecting, he's anticipating that they will have sex around seven times. Not for the week, not for the month, he anticipates that he will have sex around seven times for the entire year!!!!

Maybe his is an extreme case, but I know for a fact there are a lot of sexless marriages. All the while, single folks are having sex ALL THE TIME.

Married couples are NOT having sex, and singles are getting it in like rabbits!

Disclaimer: this is not the case for all married couples. There are married couples who are having sex often. There are singles that are actually waiting until they get married before they actually have sex (seems unheard of, but it's true). I acknowledge

all of that. However, if I were a gambling man, I would wager that there are just as many married couples not having sex as there are married couples who are, maybe more. I would also wager that there are more singles who are sexually active than singles who are not.

Here's another reason that I wrote this book: I wanted to create a book that was more than a book. I wanted to create a conversation. It's a conversation that most men should have had with their dads, but didn't, and a conversation that all dads need to have with their sons, but don't.

Sex is one of the most popular topics on the internet. As a matter of fact, according to seattleorganicseo.com, in 2014, the top 10 search words/phrases in most search engines were (in this order):

- | | |
|-------------|-------------|
| ● Porno | ● Weather |
| ● Porn | ● Free porn |
| ● XXX | ● Sex |
| ● Translate | ● News |
| ● Maps | ● iPhone 6 |

Four out of the top 10 search words throughout the world were about sex. Obviously, somebody is talking about it. Shoot, just about everybody is talking about it – everyone! But are our conversations healthy? And furthermore, are we inviting God to the conversation?

God? God and sex don't usually coincide in the same conversation, unless it's in the context of telling people not to have it until you are married. But I believe God should be in every sex conversation. After all, He created it.

Man, I'm so grateful that God created orgasms!